



5 ENERGY TYPES IN BUSINESS

MANIFESTING GENERATORS

CRISTYNIX.COM



Hey Friend!

**So happy to
have you here!**

Thank you for downloading this Quick Starter Guide!

My Intention for this Guide:

I put this together to give you the most direct + concise information you can put into motion right now to start aligning your business with your true self using your Human Design Chart as your energetic road map.

How to use this Guide:

With this information, take what resonates + let go of the rest. YOU ultimately know what feels right + works for you. Not me. I am here to simply make you more aware of what might NOT be working for you + how to start being more YOU in your daily business practices.

[Click here to get a FREE copy of your HD Chart](#)

MANIFESTING GENERATOR

A HYBRID OF MANIFESTOR + GENERATOR

HOW YOU WORK:

Have an idea



Envision it in your mind how it can play out



Share with others your thoughts without agenda



Let it go to focus on other things that light you up



Wait + respond to what comes from outside of you



Decide if you want to do it



Take inspired action

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In Business...

- ✓ your purpose is to do things over + over until you master them, then share the shortcuts
- ✓ You move really fast, often skipping steps but might have to come back + course correct
- ✓ you are 35% of the population
- ✓ you need to be patient with others who don't move as fast
- ✓ you have a creative flow or "zone" like a Manifestor
- ✓ you get angry when interrupted
- ✓ you don't like to be told what to do
- ✓ you want to feel peace + to feel satisfied with your work
- ✓ You can do 9 to 5 if your the boss or allows to do it your way
- ✓ you are a great multi-tasker

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In Business...

- ✓ You're not usually a great team player, but prefer to work on your own.
- ✓ best when asked yes/no questions
- ✓ You can see the bigger picture
- ✓ you need multiple streams of income or you will self-sabotage what you have
- ✓ You do best when you have multiple marketing pillars + content pillars
- ✓ you can pivot business direction when something new excites you. Don't worry, you'll probably come back to that other thing in a bit

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Your Energy + Strategy:

- ✓ here to respond to outside opportunities + whatever catches your attention
- ✓ pay attention to your sacral response = what lights you up
- ✓ have to inform others of what you are planning to do to avoid unnecessary resistance
- ✓ need to wear yourself out to sleep
- ✓ physical activity can help you focus
- ✓ work in bursts of energy then rest (like a Manifestor)

What Mastery looks like:

- ✓ learning more, practicing more of a modality until you know it like the back of your hand
- ✓ coming back to a past line of work or creative project to only breathe new life into it again
- ✓ allow yourself to download your creative ideas + projects. You'll know when it's time to use them.

You're Not Yourself when:

- ✓ doing work you don't like to do
- ✓ frustrated that things aren't working out as you wanted
- ✓ resentful when you made the wrong choice + feel like you have to go through with it anyway
- ✓ frustration is a sign you are pushing to make things happen. It's a hard "no" + a sign this is either not the right opportunity or the right time to take this particular action
- ✓ Anger is a sign that you were interrupted out of your creative flow or "zone"

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What will burn you out:

- ✓ doing a job or tasks you don't enjoy
- ✓ over giving + not valuing your work
- ✓ working constantly + not taking a break
- ✓ ignoring your intuition
- ✓ ignoring your sacral
- ✓ ignoring your body
- ✓ not informing others what you are planning to do ahead of time
- ✓ having to niche down or only focus on 1 income stream
- ✓ not delegating
- ✓ not honoring your energy cycle: you work in bursts + then allowing yourself to rest
- ✓ not honoring your creative flow. Don't speak, just do.

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Your Marketing Approach:

- ✓ you have the ability to see the next steps, but you need to wait for something to respond to outside of self for correct timing
- ✓ engage + connect with the audience through powerful questions to create conversation
- ✓ you need to LOVE your offers or you won't want to share them when the time is right!
- ✓ share with the audience without expectations of response
- ✓ create whatever you are pulled to create but don't offer it until in response

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Some Business Model Options:

- ✓ live classes, retreats, courses, whatever lights you up combined with automated products
- ✓ honor your need to rest + re-purpose your content as evergreen products
- ✓ your passion = your profit
- ✓ Hire out what you don't enjoy doing
- ✓ Don't be afraid to do it your own way

Tip...

When you love doing something you will have all the energy you need to do it until your root turns off. Then it's time to rest until the next burst.



MG's BIGGER PURPOSE:

**BRING INSPIRATION INTO FORM,
EMPOWERING + INSPIRING
OTHERS TO TAKE ACTION,
SEE THE BIGGER PICTURE +
SHARE THE SHORTCUTS.**

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WANT TO KNOW MORE ABOUT HUMAN
DESIGN AND HOW IT CAN HELP YOU
CREATE MORE GRACE + EASE?

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