

Often=5 points. Sometimes=3 points. Rarely=1 point.

Observations	Often	Sometimes	Rarely
1. I experience sudden physical aches or pains when in the company of others.			
2. The feelings and emotions of others affect me.			
3. I have an interest in extraterrestrials, crop circles, or other nonphysical intelligences.			
4. I have dreams or visions that don't seem to relate to anything in my life.			
5. I fail to lose weight, despite constant dieting.			
6. I long for the elevated love of a spiritual soul mate.			
7. I feel I am being taught at night while I sleep.			

Often=5 points. Sometimes=3 points. Rarely=1 point.

Observations	Often	Sometimes	Rarely
8. I see streaks or sparkles of light, energy, or color.			
9. I experience anxiety or panic in crowded places.			
10. When I see a loved one suffer, I want to trade places with him or her.			
11. I enjoy discussing spiritual topics and ideas.			
12. I have a strong sense of spirit or soul, but have difficulty with more mundane, day-to-day tasks.			
13. I feel a connection to crystals, plants, or nature spirits.			
14. I feel the presence of God as unconditional love.			